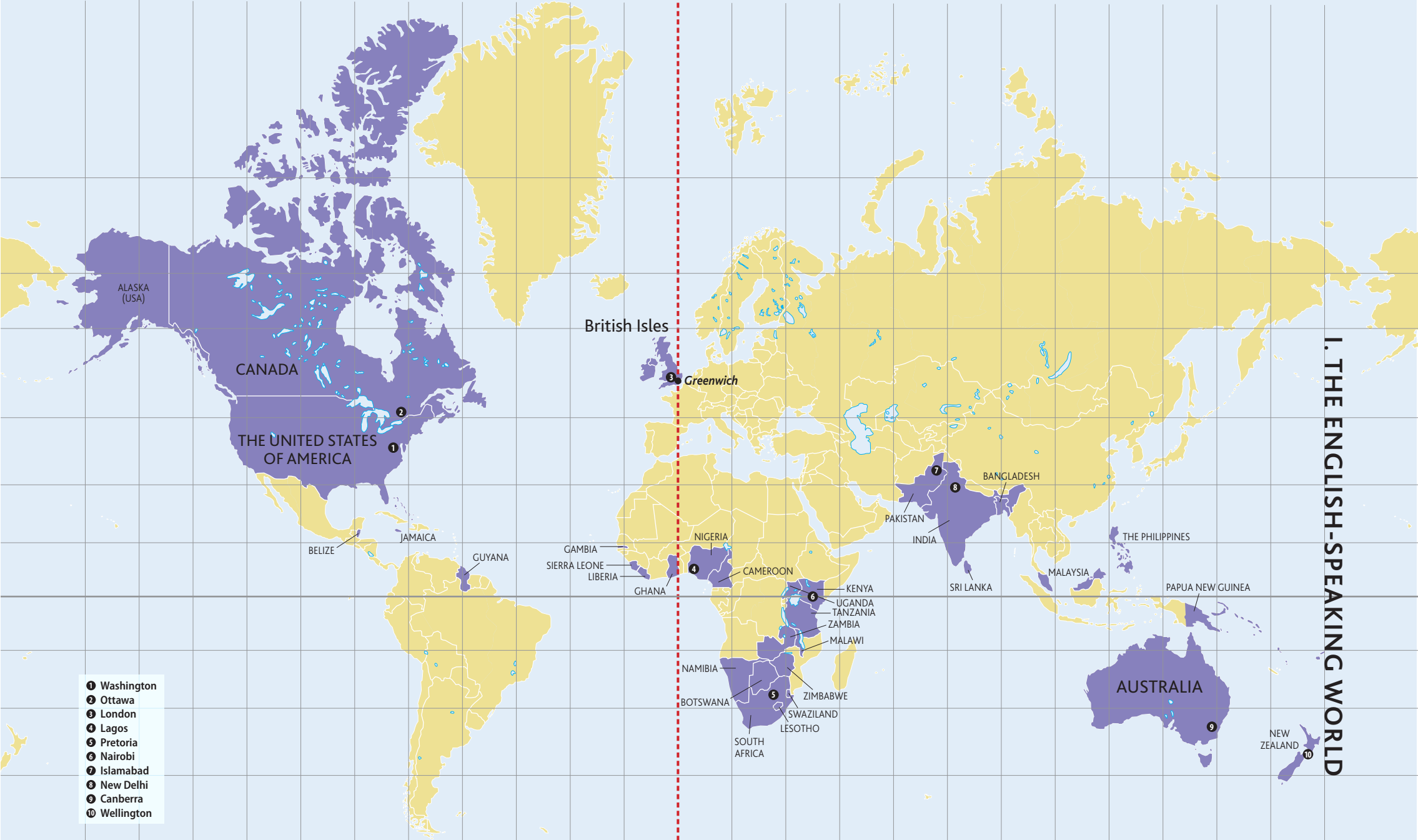


-11h -10h -9h -8h -7h -6h -5h -4h -3h -2h -1h 0h +1h +2h +3h +4h +5h +6h +7h +8h +9h +10h +11h +12h



- ① Washington
- ② Ottawa
- ③ London
- ④ Lagos
- ⑤ Pretoria
- ⑥ Nairobi
- ⑦ Islamabad
- ⑧ New Delhi
- ⑨ Canberra
- ⑩ Wellington

I. THE ENGLISH-SPEAKING WORLD

-11h -10h -9h -8h -7h -6h -5h -4h -3h -2h -1h 0h +1h +2h +3h +4h +5h +6h +7h +8h +9h +10h +11h +12h